

LEVEL	MERENGUE	SALSA	OTHER DANCES
LEVEL 1 INTRODUCTION	<p>Introduction to basic steps, rhythm and motion.</p> <p>Underarm turns with one or two hands (8 variations).</p> <p>Intro to leading and follow techniques.</p> <p>Intro to consecutive turn combinations.</p>	<p>Intro to three basic salsa steps, rhythm and motion.</p> <p>Introduction to 1/2 turn underarm patterns (7 variations) using Guaracha steps.</p> <p>Intro to leading and follow techniques.</p> <p>Intro to _ turn combinations with different basic steps.</p>	<p>Intro to Bachata and Cumbia basic steps</p>
LEVEL 2 BEGINNER I	<p>Underarm, parallel, and drop turns with one or two hands (6 variations).</p> <p>Intro to more complex lead and follow techniques including rock step introductions for high speed turns.</p> <p>Intro to closed position turn combinations.</p>	<p>Intro to basic freestyle salsa steps, rhythm changes and motion.</p> <p>Introduction to complex 1/2 turn underarm patterns (7 variations).</p> <p>Intro to spot turn patterns using Mambo steps.</p> <p>Intro to more complex leading and follow techniques.</p>	<p>Intro to basic turn combinations in Bachata.</p> <p>Introduction to Cha-cha basic steps</p>
LEVEL 3 BEGINNER II	<p>Introduction to complex turn combinations including arm lines, blind turns and dissimilar turn patterns. (5 variations)</p> <p>Use of salsa patterns to create new combinations.</p>	<p>Intro to more freestyle salsa steps, rhythm changes and motion.</p> <p>Intro to left spot Mambo turns and Cross-body-lead turn patterns, natural, reverse, with and without underarm and free turns. (11 variations)</p> <p>Combinations with _ turn Guaracha patterns.</p>	<p>Intro to closed position Bachata turns.</p> <p>Intro to Cha-cha turns and openings</p>
LEVEL 4 INTERMEDIATE I	<p>Intro to multiple, continuous and consecutive turn patterns.</p> <p>Advanced lead and follow techniques in closed position including “magic hand”, swivels</p>	<p>Intro to more complex freestyle salsa steps, rhythm changes and motion.</p> <p>Intro to lady’s footwork improvisation, autonomous turns, arm line and footwork styling, changes of rhythm and multiple</p>	<p>Cha-cha _ turns and cross-body-leads.</p>

	and drop turns. (5 variations) Styling with arm lines and changes of footwork rhythm.	traveling turns (6 variations) Gentlemen's backward turns and multiple turn leads (5 variations).	
LEVEL 5 INTERMEDIATE II	Intro to head-rolls, dips swivel turns	Intro to advanced spot turns forward and backward. Autonomous turn patterns for ladies. Intermediate partnership techniques and patterns. Changing basic steps within each pattern (8 variations)	Cha-cha two hand turn patterns and footwork variations.
LEVEL 6 ADVANCED I		Intro to parallel position partnership patterns, blind turn and dissimilar turn patterns. Introduction to double spot and spin turn patterns (7 variations).	
LEVEL 7 ADVANCED II		Intro to continuous, blind, rotating and inverted partnership patterns. Introduction to continuous cross-body-lead turn patterns with spot spin and spiral turn combinations. (7 variations).	
LEVEL 8 ADVANCED III		Introduction to rock turns, NY prep turns, Advanced Copa and Titanic variations and turn patterns combining leader's and follower's spiral turns. (7 variations)	
LEVEL 9 CHOREOGRAPHY		Intro to basic choreography concepts. Freestyle footwork, dips and drops, parallel partnership patterns, stagecraft and presentation. Performance of a choreography at our "Demonstration Night" at the Salsathèque.	